

Nutritional Therapy

Full Comprehensive Nutritional Therapy Consultation	£75.00
Further Follow Up Consultation	£45.00
Dietary Analysis	£50.00
15 min consultation available on request	FREE

Wellness Treatments

Reflexology	£45.00
Hypnobirthing (5 Group Sessions - 3 couples) (5 Individual Couple Sessions)	£275.00 £350.00
Hypnofertility	£55.00
Hypnotherapy / Emotional Freedom Therapy	£55.00
Seated Acupressure / Indian Head Massage	£20.00
Hopi Ear Candles	£30.00
Reiki	£45.00
15 min consultation available on request	FREE

Personal Training & Rehabilitation

1 Hour Session	£55.00
Programme	£55.00
Block of 12 (£110 off)	£550.00
15 min consultation available on request	FREE

**Combined Block Sessions of 6 and 12
for all treatments available on request**



Price list



72 St Marks Rd
Maidenhead
Berks SL6 6DW

Cookham Medical Centre
Lower Rd
Cookham
Berks SL6 9HX

Tel **01628 626565**
Email **info@activehealthclinics.com**

www.activehealthclinics.com

Maidenhead
Cookham
www.activehealthclinics.com

Chiropractic Treatments

Chiropractic Initial Consultation	£55.00
Follow Up Consultation	£35.00
Gait & Foot Analysis	£35.00
Orthotics Prescription (includes gait & foot analysis)	£150.00
Blocks of 6 (Initial + 5 follow ups - £40 off)	£190.00
(6 follow ups - £35 off)	£175.00
Blocks of 12 (Initial + 11 follow ups - £80 off)	£360.00
(12 follow ups £70 off)	£350.00
15 min Posture and Spinal Analysis	FREE

Sports & Remedial Massage

30min Massage	£30.00
45min Massage	£45.00
60min Massage	£50.00
Block of 6 (30mins - £30 off)	£150.00
(60mins - £50 off)	£250.00
Block of 12 (30mins - £60 off)	£300.00
(60mins - £100 off)	£500.00
15 min consultation available on request	FREE

Acupuncture

Acupuncture Initial Consultation	£55.00
Follow Up Consultation	£45.00
15 min consultation available on request	FREE

Beauty

Beauty Promotions - Buy 5 Treatments get the 6th FREE

Jessica Natural Nail Therapy

Express Manicure or Pedicure 30 Minutes	£15.00
Jessica Manicure 45 Minutes	£22.00
Jessica Pedicure 1 Hour	£25.00
Pamper Pamper Manicure 1 hour	£26.00
Pamper Pamper Pedicure 1 hr 15 Minutes	£30.00
Manicure for Men (45 Minutes)	£20.00
Pedicure for Men 1 Hour	£22.00
LeRemedi Hand Treatment 30 Minutes	£20.00
Microzone Treatment 30 Minutes	£20.00
Core Dermalogica Facial 1hr 15 Minutes	£35.00
Face Mapping Skin Analysis (Facial Treatment) 20 Minutes	FREE

Tanning Treatments

St Tropez Cream Tan 1hr 15 Minutes	£35.00
------------------------------------	--------

Waxing Treatments

½ Arm 30 Minutes	£14.00
Full Arm 45 Minutes	£17.00
½ Leg 30 Minutes	£15.00
Full Leg 60 Minutes	£25.00
Bikini Line 15 Minutes	£12.00
Underarm 15 Minutes	£10.00
Lip 15 Minutes	£8.00
Eyebrow Shape 15 Minutes	£8.00
Chest 45 Minutes	£21.00
Back 45 Minutes	£21.00
Shoulder 30 Minutes	£16.00
Full Leg and High Leg Bikini 1hr 15 Minutes	£30.00